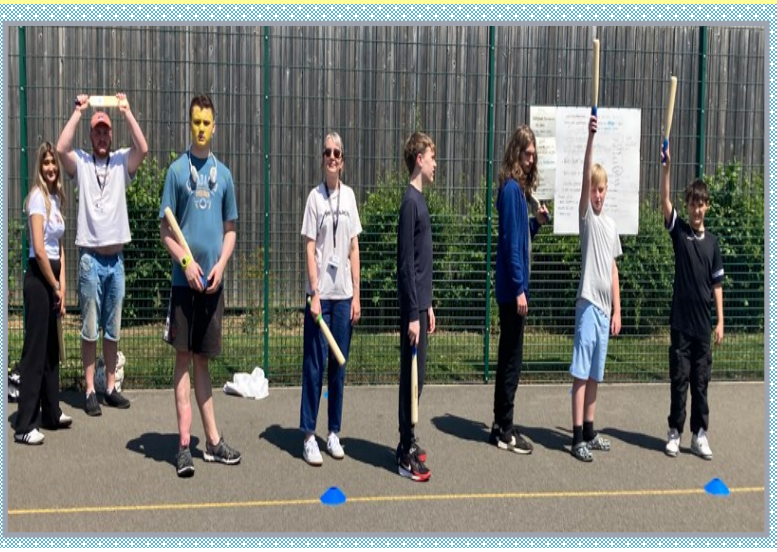
Mental Health Awareness Day

"**Mental Health Awareness Day 2025 – A Wonderful Success!**
On June 18th, Churchward School held its third annual Mental Health Awareness Day, and what an incredible day it was! Once again, BeU joined us to deliver inspiring workshops. They were amazed by our students' knowledge, honesty and engagement - they said our students were some of the best they've worked with!
The clay workshop was a big hit, giving students a calm, creative space to focus and express themselves. Out in the community, students took part in a very successful litter pick. Not only did they help tidy up the area, but they also rescued several footballs from the bushes - a win-win!
Some of our students visited Brimble Hill Primary School to read with younger pupils. Both groups really enjoyed the session and it was lovely to see our students giving their time and kindness.
We also had a special softball session run by the parents of one of our students. Staff and students really appreciated their time and effort - it was fun, active and inclusive.
Students enjoyed a fantastic variety of sessions throughout the day. There were music and singing sessions, a makeup and face painting room, for those who love games, there was a Werewolf challenge, Uno tournament, quizzes and even a Dungeons & Dragons session! Creative students enjoyed arts and crafts, while others took part in a scavenger hunt. The swimming session was popular and the staff vs students rounders and tug of war matches brought loads of laughter. It was a brilliant mix of fun, calm and connection for everyone.
Thank you to everyone who helped make the day so special. We are already looking forward to next year!"