

SEX AND RELATIONSHIPS POLICY

1. Aims

The aims of sex and relationship education (SRE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare students for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help students develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach students the correct vocabulary to describe themselves and their bodies

2. Statutory requirements

- Academies do not have to follow the National Curriculum and as such, are not obliged to teach SRE.
- If academies do teach SRE, they are required by their funding agreements to have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).
- At Churchward School we teach SRE as set out in this policy.

3. Definition

- SRE is about the emotional, social and cultural development of students, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.
- SRE involves a combination of sharing information, and exploring issues and values.
- SRE is not about the promotion of sexual activity.

4. Delivery of SRE

- SRE is taught within the personal, social, health and economic (PSHCE) education curriculum. Biological aspects of SRE are taught within the science curriculum, and other aspects are included in religious education (RE).
- Students also receive stand-alone sex education sessions delivered by a trained health professional.
- Across all Key Stages, students will be supported with developing the following skills which are all taught in the context of family life:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work

5. Roles and responsibilities

- The governing board will approve the SRE policy, and hold the Headteacher to account for its implementation.
- The Headteacher is responsible for ensuring that SRE is taught consistently across the school, and for managing requests to withdraw students from components of SRE.
- Staff are responsible for:
 - Delivering SRE in a sensitive way
 - Modelling positive attitudes to SRE
 - Monitoring progress
 - Responding to the needs of individual students
 - Responding appropriately to students whose parents wish them to be withdrawn from components of SRE
- Staff do not have the right to opt out of teaching SRE. Staff who have concerns about teaching SRE are encouraged to discuss this with the headteacher.
- Students are expected to engage fully in SRE and, when discussing issues related to SRE, treat others with respect and sensitivity.

6. Parents' right to withdraw

- Parents' have the right to withdraw their children from components of SRE.
- Requests for withdrawal should be put in writing and addressed to the headteacher. A copy of withdrawal requests will be placed in the student's educational record. The headteacher will discuss the request with parents and take appropriate action.
- Alternative work will be given to students who are withdrawn from SRE.

7. Training

- Staff are trained on the delivery of SRE as part of their induction and it is included in our continuing professional development calendar.
- The Headteacher will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching SRE.

8. Monitoring arrangements

- The delivery of SRE is monitored by [name and role] through:
- Students' development in SRE is monitored by class teachers as part of our internal assessment systems.
- This policy will be reviewed by the Chair of Governors and the Headteacher annually and according to guidance from the DfE. At every review, the policy will be approved by the Governing Body.

9. Policy Review

- This policy has been produced in consultation with staff, and students at Churchward School and has the approval of the Governing Body (GB). A copy of this policy is available to all who request it. It will be reviewed on an annual basis to ensure that the aims, objectives and adopted strategies remain relevant to Churchward School.

Signed Head Teacher

Signed Chair of Governors

Date ..3/5/18.....